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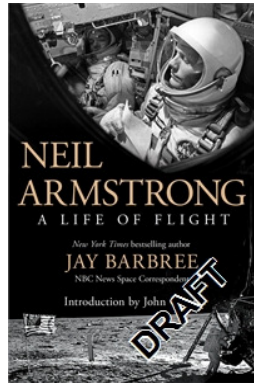
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Neil Armstrong: A Life of Flight*

Jay Barbree



Everything written about Neil Armstrong's life and flights has been from the outside looking in; Jay Barbree is the only person whom Armstrong trusted to share close personal details about his inspiring life story. Working from his years of notes, and with the Armstrong family, Jay Barbree has written the definitive biography of America's most famous astronaut and one of our greatest modern heroes. It explores his personal life, including his two marriages and the death of his baby daughter. And, of course, there is the inside story of an extraordinary career, from the time Armstrong flew combat missions in the Korean War, then flew the X-15 rocket plane to the edge of space, when he saved his *Gemini 8* by flying the first emergency return from Earth orbit and then the *Apollo-Eleven* mission to the moon's Sea of Tranquility.

Macmillan Australia • TPB • Biography: General



9 781743 531594 **9781743531594 \$29.99**

Love Never Dies*

Karina Machado



This is a book about the indestructibility of love. Journalist and author Karina Machado spoke to over 60 Australians with stories of post-death contact. She shares their life-shattering experience of loss, and shows how their spiritual contact with a deceased lover, friend or family member brought peace, hope and the solace of knowing that their connection lives on. There is the story of a teenage boy who appears in bodily form on the eve of his funeral to bring comfort to his sister. A young husband returns to his widow in time to prevent another tragedy. A grandmother arrives to lovingly care for the infant children of her grief-stricken daughter. A man soothes his heartbroken brother with an otherworldly embrace. Written with grace and compassion, **Love Never Dies** is as much about the power of loving relationships as it is the phenomenon of the survival of consciousness beyond death.

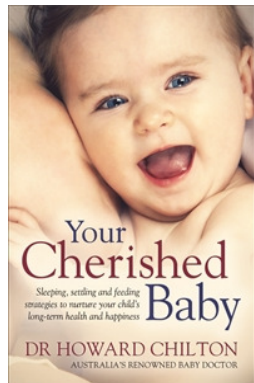
Macmillan Australia • TPB • Mind, Body, Spirit



9 781742 613963 **9781742613963 \$29.99**

Your Cherished Baby*

Howard Chilton



The way we nurture our babies has a lifelong effect on their health and happiness. What many of us have known instinctively is now a matter of science. Study after study proves that how we hold, feed, play with and settle our babies is a major factor in their long-term wellbeing. Dr Chilton introduces mothers to a complete approach for settling, feeding and engaging their 0-2 infants. He explains the neurological processes in this early bonding period. He debunks the myth of baby routines, provides a compelling explanation for colic and excessive crying, and argues for the introduction of varied foods to develop of child's palate and to guard against obesity later in life. Most prevalent to all sleep-deprived parents, Dr Chilton presents a practical alternative to controlled crying, a currently popular sleep settling technique that he regards as inhumane.

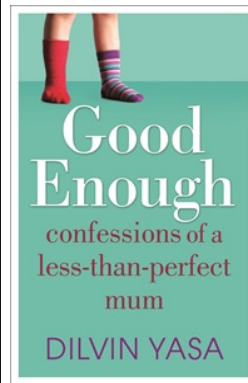
Macmillan Australia • TPB • Advice On Parenting



9 781742 614014 **9781742614014 \$29.99**

Good Enough*

Dilvin Yasa



In the frightening world of tiger mums, little emperors and helicopter parenting, can any mother ever be good enough? Dilvin Yasa thinks probably not. In fact, she's pretty sure mothers have been sold a dodgy lot of unrealistic standards, with a good dollop of guilt to serve. Dilvin draws extensively and often hilariously on her own experiences as a new mother, but also consults the experts. Each chapter, be it on competitive parenting, post-natal depression or returning to work, contains relevant advice from a professional in the field. **Good Enough** shares a journey that is both universal and deeply personal. With warmth, wit and wicked humour, Dilvin Yasa details the embarrassing failings, unexpected triumphs and dizzying and delightful in-betweens of modern-day motherhood.

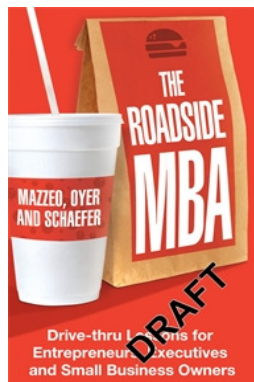
Macmillan Australia • TPB • Memoirs



9 781742 613956 **9781742613956 \$29.99**

The Roadside MBA

Michael Mazzeo, Paul Oyer and Scott Schaefer



The Roadside MBA takes cutting-edge business theory out of the classroom, and onto the open road. Over the last two years, the three authors - each of whom has taught thousands of MBAs since the 1990s at America's top business schools - have travelled the length and breadth of the USA, in search of perfect examples of the broad strategic issues many small businesses face. Using real case studies, each chapter identifies at least one important economic model at the heart of the issue -- and makes it meaningful to other entrepreneurs and self starters. Written in an entertaining, informative, engaging style, you'll read about orthodontists and espresso bar owners, radio station executives and car parts manufacturers, all looking to find an edge in a tough economic environment.

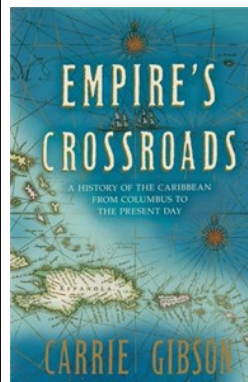
Macmillan • PB • Business & Management



9 780230 772588 **9780230772588 \$24.99**

Empire's Crossroads

Carrie Gibson



In October 1492, an Italian-born, Spanish-funded navigator discovered a new world, thousands of miles across the Atlantic Ocean. In *Empire's Crossroads*, Carrie Gibson, unfolds the story of the Caribbean from Columbus's first landing on the island he named San Salvador to today's islands - largely independent, but often still in thrall to Europe and America's insatiable desire for tropical luxuries. From the early years of settlement to the age of sugar and slavery, during which vast riches were generated for Europeans through the enforced labour of millions of enslaved Africans, to the great slave rebellions of the eighteenth and nineteenth centuries and the long, slow progress towards independence in the modern era, Gibson offers a vivid, panoramic view of this complex and contradictory region.

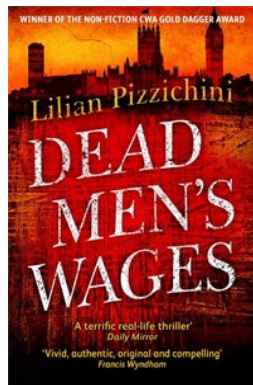
Macmillan • TPB • Regional & National History



9 781447 260332 **9781447260332 \$32.99**

Dead Men's Wages

Lilian Pizzichini



"Scratch the surface of any family and you will find stories of intrigue, abuse and illegitimacy. It is just that, because of the nature of my grandfather's business, our secrets are more sinister." Lilian Pizzichini's grandfather was a conman who worked with some of London's most notorious gangsters. Within the pages of this haunting and revealing account of his life, she re-creates, in vivid detail and with remarkable detachment, the world of criminals and corrupt policemen that he dominated until his death in 1978. This is a book to set the mind reeling with thoughts of cunning and intrigue, corruption, hardship and secrecy. Above all, it conveys beautifully the glamour and seduction of a London shrouded in mystery and this charismatic criminal who rose from its war-torn ashes.

Picador • PB • Biography: General

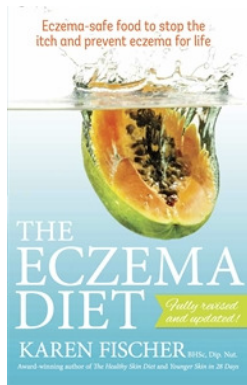


9 781447 271840 **9781447271840 \$19.99**



The Eczema Diet

Karen Fischer



The Eczema Diet includes all the facts and latest scientific research, as well as itch-busting treatments that offer immediate relief combined with a tried-and-tested diet - developed by nutritionist Karen Fischer over the past ten years through her work with eczema patients - that really gets results. Also included are delicious recipes suitable for everyone in the family, an extensive meal plan and shopping lists that are clear and easy to follow.

Exisle • TPB • Fitness & Diet

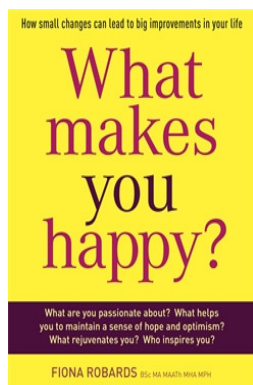


9 781921 966460 **9781921966460 \$29.99**



What Makes You Happy?

Fiona Robards BSc MA MAATH MHA MPH



What do you want most in life? Most people would answer: "I just want to be happy." But many of us have adopted lifestyles that don't support happiness. We lead lives that are too stressed and too focused on things that don't matter. Psychologist Fiona Robards looks at ten key areas, ranging from finances to relationships, and through practical exercises and searching questions guides us down the path to finding our own simple solutions to stressing less and living calmer, happier lives.

Exisle • PB • Self-Help & Personal Development

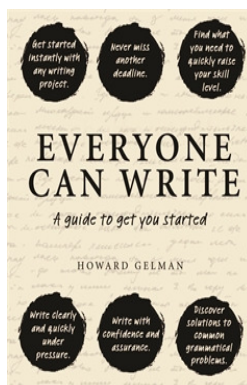


9 781921 966316 **9781921966316 \$29.99**



Everyone Can Write

Howard Gelman BA, MA



A practical "how to write" book that is equally relevant to a business executive wanting to polish his reports or a retiree wanting to write her memoirs. Each style of non-fiction writing is dissected and a set of rules applied to each structure. The author's formula of Pre-write, Free-write, Re-write is then outlined, enabling writers to dramatically improve the quality of their work. Basic grammar and punctuation, easily confused words and other useful tips for writers are also covered.

Exisle • HB • Writing Skills

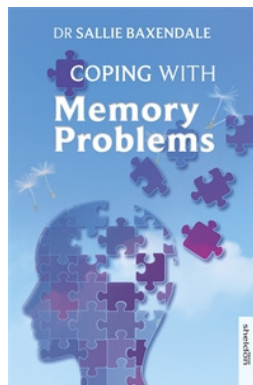


9 781921 966514 **9781921966514 \$19.99**



Coping with Memory Problems

Dr Sallie Baxendale



For every person who develops Alzheimer's, there are thought to be at least another eight whose memory problems are severe enough to affect the quality of their lives. This book addresses all forms of memory loss, organic and non-organic; it explores how memory may be affected by stress, anxiety and depression, and suggests practical ways of coping, as well as what to do if you are really concerned.

Sheldon Press • PB • Memory



9 781847 092748 **9781847092748 \$18.99**



Crown of Thistles

Linda Porter



The struggle between the fecund Stewarts and the barren Tudors is generally seen only in terms of the relationship between Elizabeth I and her cousin, Mary Queen of Scots. But very little has been said about the background to their intense rivalry. Here, Linda Porter examines the ancient and intractable power struggle between England and Scotland, a struggle intensified during the reigns of Elizabeth and Mary's grandfathers. Henry VII aimed to provide stability when he married his daughter, Margaret, to James IV of Scotland in 1503. But he must also have known that Margaret's descendants might seek to rule the entire island.

Pan • PB • History

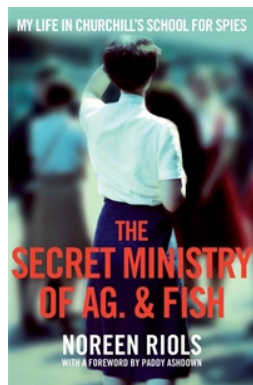


9 780330 534376 **9780330534376 \$19.99**



The Secret Ministry of Ag. & Fish

Noreen Riols



"My mother thought I was working for the Ministry of Ag. and Fish." So begins Noreen Riols' compelling memoir of her time as a member of Churchill's 'secret army', the Special Operations Executive. It was 1943, just before her eighteenth birthday, Noreen received her call-up papers, and was faced with either working in a munitions factory or joining the Wrens. A typically fashion-conscious young woman, even in wartime, Noreen opted for the Wrens - they had better hats. But when one of her interviewers realized she spoke fluent French, she was directed to a government building on Baker Street. It was SOE headquarters, where she was immediately recruited into F-Section, led by Colonel Maurice Buckmaster.

Pan • PB • Biography: Historical, Political & Military

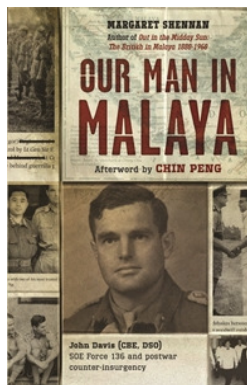


9 781447 237020 **9781447237020 \$18.99**



Our Man in Malaya

Margaret Shennan



Historian and biographer Margaret Shennan, born and raised in Malaya and an expert on the British in pre-independence Malaysia, tells the extraordinary, untold story of John Davis, CBE, DSO, an iconic figure in Malaya's colonial history. Illustrated with Davis' personal photographs and featuring correspondence between Davis and Chin Peng, this is a story which truly deserves to be told.

Monsoon • PB • Biography: Historical, Political & Military



9 789814 423861 **9789814423861 \$23.99**



Jakarta Undercover

Moammar Emka

Prowling the seedy red-light districts, the underground club circuit and the house parties of wealthy Indonesian society, Moammar Emka offers a unique glimpse into the underbelly of modern, urban Jakarta.



Monsoon • PB • True Stories



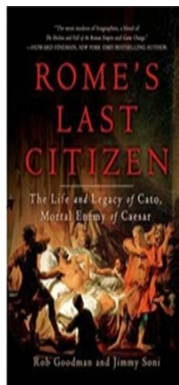
9789814423557 \$22.99



Rome's Last Citizen

Rob Goodman and Jimmy Soni

Marcus Porcius Cato: aristocrat who walked barefoot and slept on the ground with his troops, political heavyweight who cultivated the image of a Stoic philosopher, a hardnosed defender of tradition who presented himself as a man out of the sacred Roman past - and the last man standing when Rome's Republic fell to tyranny. His blood feud with Caesar began in the chamber of the Senate, played out on the battlefields of a world war, and ended when he took his own life rather than live under a dictator. Centuries of thinkers, writers, and artists have drawn inspiration from Cato's Stoic courage. Saint Augustine and the early Christians were moved and challenged by his example. Dante, in his *Divine Comedy*, chose Cato to preside over the souls who arrive in Purgatory.



Griffin • PB • Biography: Historical, Political & Military

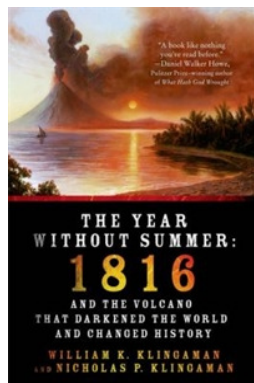


9781250042620 \$19.99



The Year Without Summer

William K Klingaman and Nicholas P Klingaman



In the tradition of *Krakatoa*, *The World Without Us*, and *Guns, Germs and Steel* comes a sweeping history of the year that became known as 18-hundred-and-froze-to-death. 1816 was a remarkable year - mostly for the fact that there was no summer. As a result of a volcanic eruption in Indonesia, weather patterns were disrupted worldwide for months, allowing for excessive rain, frost, and snowfall through much of the Northeastern U.S. and Europe in the summer of 1816. In the U.S., the extraordinary weather produced food shortages, religious revivals, and extensive migration from New England to the Midwest. In Europe, the cold and wet summer led to famine, food riots, the transformation of stable communities into wandering beggars, and one of the worst typhus epidemics in history.

Griffin • PB • History



9781250042750 \$19.99



Aussie Talk

Paul Bugeja



We use them every day, some of us more than others. They make our conversations colourful and interesting, loud and bright, rich and rare... and sometimes seemingly foreign or incomprehensible to visitors to our shores. They derive from a variety of cultural, historical and ethnic sources, and have adapted and evolved over time into a collection of truly original 'Australian-isms'. They underline and emphasise the linguistic imprint of who we are as Australians.

Brolga • PB • Humour

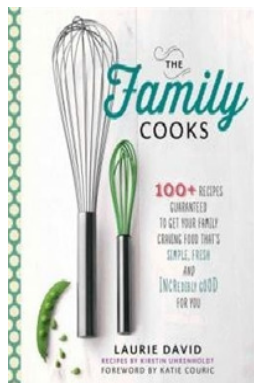


9781922175533 \$17.99



The Family Cooks

Laurie David



Half of all our meals are now eaten outside the home. The result? Skyrocketing rates of heart disease and diabetes and unprecedented levels of childhood obesity. This crisis is movingly portrayed in author and activist Laurie David's new documentary (coexecutive produced with Katie Couric), *Fed Up!* Luckily, we have a solution: Studies have clearly shown that eating home-cooked meals reduces obesity and develops lifelong healthy eating habits. There is an exciting movement afoot that involves a skillet, a few good knives, and some fresh ingredients: Home cooking is making a comeback. In *The Family Cooks*, David inspires parents and kids to take control of what they eat by making it themselves.

Rodale • HB • General Cookery & Recipes



9781623362508 \$34.99



The Paleo Foodie Cookbook

Arsy Vartanian and Amy Kubal



Arsy Vartanian, Paleo Foodie and author of the bestselling cookbook *The Paleo Slow Cooker*, is ready to share only the best of the best Paleo recipes that'll have your mouth watering. Arsy's delicious and nutritious recipes range from modern twists on traditional dishes to a wide range of ethnic influences from both her Armenian background and her culinary curiosity. With 120 tried-and-true recipes, *The Paleo Foodie Cookbook* includes Salmon Ceviche with Mango and Cucumber, Sun-Dried-Tomato-And Fennel-Braised Short Ribs and Wine-Braised Duck Legs, among other culinary delights. Looking for the perfect gluten-free and grain-free recipes to keep you healthy while your family and friends keep asking for more?

St Martin's Press • HB • General Cookery & Recipes

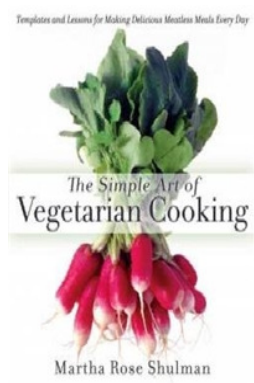


9781624140488 \$34.99



The Simple Art of Vegetarian Cooking

Martha Rose Shulman



In *The Simple Art of Vegetarian Cooking*, legendary *New York Times* Recipes for Health columnist Martha Rose Shulman offers a simple and easy method for creating delicious plant-based meals every day, regardless of season or vegetable availability. Accessible and packed with mouthwatering, healthy, fresh dishes, *The Simple Art of Vegetarian Cooking* accomplishes what no other vegetarian cookbook does: It teaches the reader how to cook basic dishes via templates - master recipes with simple guidelines for creating an essential dish, such as a frittata or an omelet, a stir-fry, a rice bowl, a pasta dish, a soup - and then how to swap in and out key ingredients as desired based on seasonality and freshness.

Rodale • HB • Vegetarian Cookery

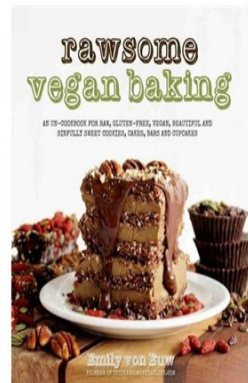


9781623361297 \$37.99



Rawsome Vegan Baking

Emily von Euw



Emily Von Euw, creator of the popular blog This Rawsome Vegan Life, makes treats that are so phenomenal and so stunning they should be considered masterpieces. Oh yeah, and they're raw, vegan AND gluten-free. So whether you're a vegetarian, a raw vegan or even a meat-lover just looking for something healthy, new and delicious, this book has something for you. Emily's popular blog won the Vegan Woman's 2013 Vegan Food Blog Award, was named one of the Top 50 Raw Food Blogs of 2012 and is nominated for "Favorite Blog" for the 2013 VegNews Veggie Awards. Every recipe is accompanied by a photograph so you can see each brilliant sweet before you eat. Emily's beautiful and easy-to-make recipes, like her Peppermint Chocolate Molten Lava Cakes, S'mores Cupcakes and Go-Nuts Donuts with Frosting & Fruit Sprinkles, are so tasty that you won't even realize they're vegan.

St Martin's Press • PB • Vegetarian Cookery

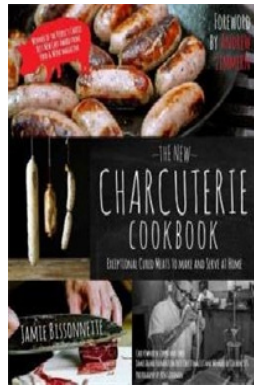


9781624140556 \$24.99



The New Charcuterie Cookbook

Jamie Bissonnette



You haven't become a true food-crafter until you've mastered the art of charcuterie, and who better to show you the ropes than nose-to-tail icon, Jamie Bissonnette? *The New Charcuterie Cookbook* features sausages, confits, salumi, pates and many other dishes for the home cook. With a wide variety of recipes, such as Banana Leaf-Wrapped Porchetta, Lebanese Lamb Sausages, Mexican Chorizo, Traditional Saucisson Sec and Simply Perfect Duck Prosciutto, you'll have a whole chopping block full of fun and different flavors to try that are distinctively Jamie's. Packed with creative and delicious recipes, step-by-step photography and Jamie's insider knowledge and signature charm, this book is the only thing you'll need to make the best charcuterie at home.

St Martin's Press • PB • Cooking With Meat & Game

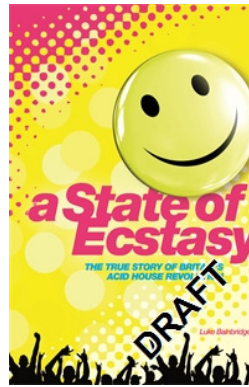


9 781624 140464 **\$24.99**



A State of Ecstasy

Luke Bainbridge



The arrival of a new style of music and a new type of drug in 1988 ignited a revolution. To coincide with the 25th anniversary of the second summer of love, this is the definitive story of the seismic movements in music and youth culture that changed the cultural landscape forever. Luke Bainbridge has interviewed most of the protagonists who led the acid house revolution, from the DJs and musicians to the promoters, gangsters and ravers, and built up a relationship of trust and mutual respect. This is the true story of acid house, from the DJ box to the dance floor, which examines the legacy and lasting impact of acid house, and how the second summer of love is viewed 25 years on.

Omnibus Press • PB • Music



9 781780 387345 **\$24.95**



Nothing Else Matters: Metallica

Jim McCarthy and Brian Williamson



From the creators of *Gabba Gabba Hey! The Graphic Story of The Ramones* comes an explosive new graphic novel about the world's greatest heavy metal band, Metallica.

Omnibus Press • PB • Biography: Arts & Entertainment

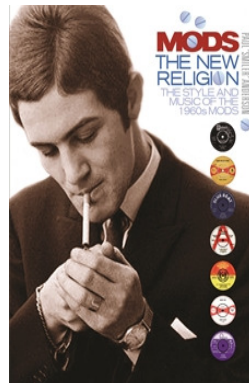


9 781783 051861 **\$19.95**



Mods: The New Religion

Paul 'Smiler' Anderson



The original Mod generation tell it exactly how it was, in their very own words. First hand accounts of the times from the people who were actually on the scene. Top faces, scooterboys, DJs, promoters and musicians build up a vivid, exciting snapshot of what it was really like to be with the in-crowd. Packed with rare pictures, ephemera, art and graphics of the era. Featuring interviews with Eddie Floyd, Martha Reeves, Ian McLagan, Chris Farlowe and many more.

Omnibus Press • HB • Biography: Arts & Entertainment

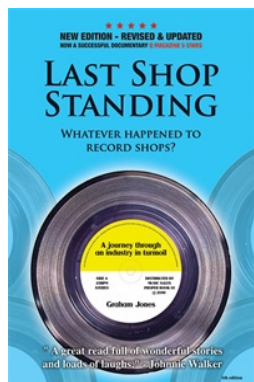


9 781780 385495 **\$39.95**



Last Shop Standing

Graham Jones



Graham Jones returns to the shops featured in his best-selling book and discovers what happened next.

Omnibus Press • TPB • Music



9 780992 806200 **\$14.95**

